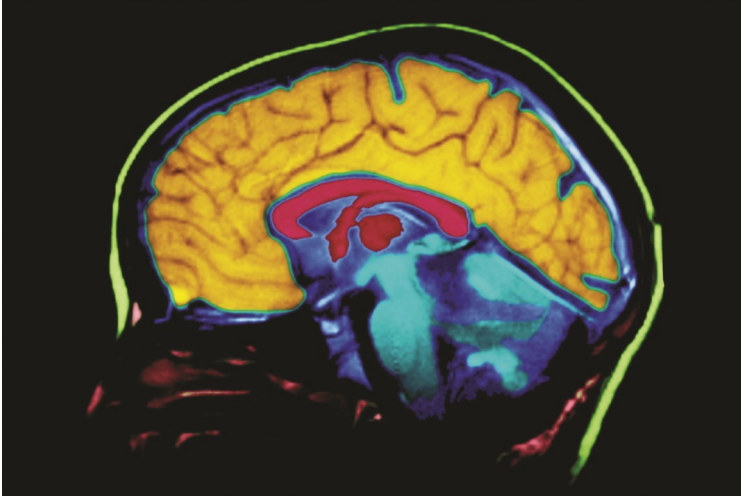


ART SCIENCE COGNITION: Metaphor Building



Dates: Thursdays

February 01, 2018

February 08, 2018

February 15, 2018

February 22, 2018

Time: Drop-ins welcomed between 1—4pm

Location: Alzheimer's Association

San Diego & Imperial Chapter

5075 Shoreham Place, Suite 240

San Diego, CA 92122

What: ART SCIENCE COMPLEX has originated and designed exercises using drawing and writing to promote latent ability within the brain.

How: Metaphorical thinking encourages both neuroplasticity and neurogenesis, the adult brain's ability to quickly adapt to novel information and experiential learning and the generation of new neurons in the hippocampal region, respectively.

Instructor: Julie Rauer

Bruce Gemmell

Co-Founders of ART SCIENCE COMPLEX



www.facebook.com/ArtScienceComplex

www.artsciencecomplex.com

***Attendance at all workshops is highly recommended for cumulative effectiveness.**

This workshop is free and open to anyone concerned with, or experiencing, memory loss—as well their care partners.

RSVP required by phone: 800.272.3900