



# STEP *by* STEP 5k

Fight Parkinson's disease by joining us for our annual 5k walk in support of the Parkinson's Association of San Diego!

**REGISTER AS AN INDIVIDUAL  
REGISTER A TEAM  
SPONSOR A PARTICIPANT  
FUNDRAISE!**

Your support of Step by Step enables PASD to offer critical resources to an estimated 60,000 individuals who have or are affected by Parkinson's disease right here in San Diego County.

All contributions remain in the County and also help local caregivers and families of those in need. Put on your walking shoes to give people with Parkinson's disease a great resource and a steadfast ally!

**SUNDAY**

April 7, 2019

Registration Begins:  
7:30am

Walk Begins:  
9am (Dog friendly!)

Event Ends: 12pm

**EXPO - ENTERTAINMENT**

**SPEAKERS FROM  
DAVIS PHINNEY FOUNDATION  
AND MICHAEL J. FOX  
FOUNDATION**

On or Before February 15: \$40  
After February 15: \$50

**LIBERTY STATION**

**TO REGISTER, BE A  
SPONSOR OR VENDOR  
CALL:**

858-200-7277

[PARKINSONSASSOCIATION.ORG](http://PARKINSONSASSOCIATION.ORG)



**PARKINSON'S  
Association  
OF SAN DIEGO**