



Senior Helpers of San Diego County Parkinson's Care Program

Senior Helpers of San Diego County

Senior Helpers of San Diego County is the premier provider of in-home senior care. We offer tailored home care services ranging from companion care for seniors who need daily assistance to in-depth specialized care for those with Parkinson's, Alzheimer's, Dementia, and other chronic diseases. Our goal is to provide high quality in-home care services that keep your loved ones safe in the comfort of their own home.

Parkinson's Care Program

Senior Helpers' Parkinson's Care Program is a specialized training program created in conjunction with leading experts from the National Parkinson's Foundation's Center of Excellence. Senior Helpers' program is the first of its kind in the in-home senior care industry, designed to provide caregivers with the expert training and education necessary to create personalized care plans for individuals living with Parkinson's disease. This training includes education on how Parkinson's disease advances and changes, and provides training to caregivers on how to handle the range of mobility and movement limitations for those who live with Parkinson's disease. The training also provides education on specific motor and non-motor symptoms along with techniques and strategies for identifying and managing those symptoms. Additionally, the program includes home safety and fall prevention curriculum, as well as training on diet and exercise.

For more information on Senior Helpers' Parkinson's Care Program, please visit <https://www.seniorhelpers.com/ca/san-diego/county/services/parkinsons-care>

