

RESPITE WELL
Program Description
Available Benefits as of December 2020

1. **Description.** A San Diego County voucher pilot program providing respite for caregivers of those with Alzheimer’s Disease and Related Dementias (ADRD).
2. **Costs.** The voucher is intended as a subsidy with the County of San Diego Health and Human Services Agency, Aging & Independence Services contributing 50% to respite expenses. The remaining cost to voucher recipients in 2020 is as follows:

a. Home Care, per hour:	\$14.62	(\$15.75 in 2021)
b. Adult Day Program, per full day:	\$58.48	(\$62.99 in 2021)
c. Assisted Living, per night:	\$133.75	(\$144.05 in 2021)
3. **Qualification.** To qualify, a patient must have some type of ADRD (where most cognitive impairment qualifies) and the primary caregiver must demonstrate some level of stress as a result.
4. **Benefits.** After a screening by Coast Care Partners, **recipients will receive one service under one of the following levels:**
 - a. (Silver and Gold Programs temporarily unavailable)
 - b. **Crisis** (Subject to reduction at any time before start of first shift)
 - i. Home Care: Up to 168 hours, 50 hours/week minimum
 - ii. Adult Day Program: Two days of attendance per week
 - iii. Assisted Living: 1 week, to be utilized upon program entry
 - c. Home Care is provided with a minimum shift length of 8 hours and other conditions apply.
5. **Temporary.** Once service begins, program benefits should be available until exhausted. However, these program terms were initiated in response to Covid-19 effects on service, and will likely change again soon. Benefits are subject to change prior to commencement of service.

To apply, call (888) 667-9237

