

Respite Well

Program Description for 2021

1. **Description.** A San Diego County voucher pilot program providing respite for caregivers of those with Alzheimer's Disease and Related Dementias (ADRD). For more information, please visit www.RespiteWellSD.com.
2. **Costs.** The voucher is intended as a subsidy with the County of San Diego Health and Human Services Agency, Aging & Independence Services contributing 50% to respite expenses. The remaining cost to voucher recipients in 2021 is as follows:
 - a. Home Care, per hour: \$15.74
 - b. Adult Day Program, per full day: \$62.99
 - c. Assisted Living, per night: \$144.05
3. **Qualification.** To qualify, a patient must have some type of ADRD (where most cognitive impairment qualifies) and the primary caregiver must demonstrate some level of stress as a result.
4. **Benefits.** After a screening by Coast Care Partners, **recipients will receive one service under one of the following levels:**
 - a. **Silver**
 - i. Home Care: 4 hours of care weekly
 - ii. Adult Day Program: 1 day of care weekly
 - iii. Assisted Living: 1 week of care, every 4 months
 - b. **Gold**
 - i. Home Care: 8 hours of care weekly
 - ii. Adult Day Program: 2 days of care weekly
 - iii. Assisted Living: 1 week of care, every 2 months
 - c. **Crisis**
 - i. Home Care: Up to 72 hours, 16 hours/week
 - ii. Assisted Living: 1 week, to be utilized upon program entry
5. **Waitlist.** From time to time and as funding persists, entry into the program may not be immediately available. While pending program entry, Home Care Services are available at CCP standard rates. Applicants may join the waitlist with or without receiving care at standard rates. Upon removal from the waitlist and entry to the program, service must be initiated within 7 days. Best efforts will be made to estimate the duration of time until program entry, and are often updated at www.RespiteWellSD.com.

Home Care is provided with a minimum shift length of 4 hours and other conditions apply. Participation is limited to six consecutive months from the first date of service. For the most updated program terms, please visit www.RespiteWellSD.com.

To apply, call Michelle Krakower at (619) 832-6808

