

# Parkinson's Disease Symptom Map

## Mental State

Temporal perception abnormalities  
Slowed thinking (Bradyphrenia)  
Reduced executive function  
Impulse control disorders\*  
Hallucinations/Delusions  
Loss of focus, attention  
Visuospatial difficulties  
Depression, sadness\*  
Loss of word choice  
Personality changes  
Loss of reasoning  
Memory deficits  
Mental fatigue  
Mood swings\*  
Confusion\*  
Euphoria\*  
Agitation  
Paranoia\*  
Anxiety\*  
Apathy

## Posture

Tremors  
Stiffness  
Frozen shoulder  
Slowed movements  
Curved spine (Camptocormia)  
Leaning posture (Pisa Syndrome)  
Neck/Head thrusts forward (Anterocollis)

## Legs

Muscle spasms/Cramps (Dyskinesia)  
Urge to constantly move (Akathisia)  
Restless Legs Syndrome  
Awkwardly flexed toes  
Hesitation, freezing\*  
Shuffling gait  
Retropulsion  
Festination  
Swelling  
Tremors

## Head

Dandruff  
Hearing loss\*  
Loss of smell  
Dilated pupils\*  
Facial masking  
Dry/Oily Scalp/Face  
Hair loss (Alopecia)\*  
Lewy Body Dementia  
Breathing difficulties\*  
Auditory hallucinations\*  
Slowed eye movements  
Olfactory hallucinations\*  
Changes in vision acuity\*  
Dry eyes/Decreased blinking\*  
Noise, ringing in ear (Tinnitus)  
Difficulty opening eyes (Apraxia)  
Visual misperceptions (Pareidolia)

## Intimacy

Libido Reduction/Increase\*  
Loss of orgasm  
Incontinence  
Impotence

## General

Balance issues\*  
Hot/Cold flashes  
Physical fatigue\*  
Muscle/Bone pain  
Vertigo, dizziness\*  
Multiple System Atrophy  
Excessive/Too little sweating  
Slowed movement (Bradykinesia)  
Aching, burning areas (Neuropathy)  
Inability to move muscles (Akinesia)  
Urge to constantly move (Akathisia)  
Muscle spasms/Cramps (Dyskinesia)  
Reduced bone density (Osteoporosis)  
Repetitive twisting movements (Dystonia)\*  
Standing up drops blood pressure (Hypotension)

## Mouth

Swallowing into windpipe (Aspiration)  
Fast, cluttered speech (Tachyphemia)  
Trouble swallowing (Dysphagia)  
Weak/Soft voice (Hypophonia)  
Excessive drooling (Sialorrhea)  
Slurred speech (Dysarthria)  
Gustatory hallucinations\*  
Grinding teeth (Bruxism)  
Respiratory Dyskinesia  
Chewing problems  
Loss of taste  
Dry mouth\*

## Digestion

Weight Loss/Gain\*  
Constipation\*  
Diarrhea  
Nausea\*

## Hands/Arms

Tremors  
Loss of dexterity  
Decreased arm swing  
Change in handwriting  
Awkwardly flexed fingers  
Small handwriting (Micrographia)

## Skin

Higher risk of melanoma  
Tactile hallucinations\*  
Redness  
Rashes

## Sleep

Excessive daytime sleepiness\*  
Difficulty turning over in bed  
Vocalizations during sleep  
Change in sleep pattern\*  
Frequent urination\*  
REM sleep disorder  
Sleepwalking  
Sleep apnea\*  
Insomnia\*

\* These symptoms may be affected by or related to assigned prescriptions. Ask your doctor for more information.