

Empowerment Day Agenda 2022

8:45- 8:55	Welcome and introductions	Marty Acevedo
8:55 – 9:05	Overview of Parkinson’s Disease	Nelson Hwynn, D.O.
9:05 - 9:15	Positive Attitude	Sherrie Gould, NP
9:15 - 9:30	Rock Steady Boxing	Mike Reeder, Teresa Hodge
9:30- 9:50	Palliative Care and PD	Katheryn Hughlock, DNP
9:50- 10:10	Deep Brain Stimulation	David Barba, M.D.
10:10- 10:45	Break and exhibitor fair	
10:45- 11:05	Overview of PD Medications	Brenton Wright, M.D
11:05 -11:25	Nutrition and PD	Marty Acevedo, MS, RD
11:25- 11:30	Stretch	Danica Edelbrock, MS, Exercise Phys.
11:30 -11:55	Speaker panel	
11:55- 12:00	Intro To Support groups and Tremble Clefs	
12:00- 1:10	Lunch , Exhibitor Fair	
12:40	Tremble Clefs performance	
1:10	Break out sessions; participant to choose	

1:10 - 1:30	1:30 – 1:50	1:10 – 2:20	1:10 – 2:20
Women and PD	Young Onset PD	Care Partners	Exercise and PD
Room ____	Room ____	Room _____	Main Meeting Room
Sherrie Gould, NP	Andrea Lee, PA	Joanne Hamilton, PHD	1:10 – 1:35 Jessie Agrimis, DPT & Kristine Negrete, DPT, 1:35 – 1:55 Converse with Confidence Lindsey Unger 1:55 -2:20 Yoga Danica Edelbrock
Return to main meeting room at 1:30	Return to main meeting room at 1:50	Return to main meeting room at 2:20	

2:20 - 2:40	Non motor symptoms in PD	David Coughlin, M.D.
2:40 - 3:00	Alternative Medicine	Stephanie Lessig, M.D.
3:00- 3:25	Research and future Pipeline in PD	Melissa Houser, M.D.
3:25 - 3:45	Speaker Panel	
3:45	Closing Remarks	Marty Acevedo