

PASD's Good Start Program

Scheduled Live for Wednesday, July 26th, 2023

Educational seminar for newly diagnosed Parkinson's patients & caregivers/care partners

The **Parkinson's Association of San Diego** is hosting its next "**Good Start Program**" seminar on Wednesday, July 26th, 2023 from 1 p.m. to 3 p.m. **at the San Rafael Catholic Church, Parish Hall, 17252 Bernardo Center Drive, San Diego, CA, 92128.**

Designed for newly diagnosed Parkinson's patients and their care givers/care partners, the seminar is a 2-hour session, followed by Q&A. It will feature **Dr. Brenton Wright**, Movement Disorders Neurologist and Medical Advisor to PASD, PASD Board President **Marty Acevedo**, RDN, **Jessie Agrimas**, DPT, PASD Board member and NeuroLab360 President, **Irene Miller**, Fallbrook Support Group Team Leader and PASD Executive Director **Chris Buscher**.

Specific topics will include maintaining a positive attitude; understanding Parkinson's; choosing a physician; common medications, care givers/care partners; importance of exercise & nutrition; benefits of physical; occupational, speech and music therapy; research, Support Groups, Mentor Program and other available resources.

Individuals who would like to update their knowledge base of PD are also more than welcome to attend.

There is no cost to the participants.

The seminar will be audio recorded, synced with the 70+powerpoint slides and will be available on the PASD website at a future date.

Seminar Details

Date: **Wednesday, July 26th, 2023**

Time: Check-In 12:30 p.m. Program 1:00 p.m. to 3:00 p.m. (followed by Q & A)
(Light Refreshments provided)

Location: San Rafael Catholic Church, Parish Hall, 17252 Bernardo Center Drive, SD, 92128

Directions & Parking Information: Will be provided to attendees after registration is received

Registration is required by 7/19/2023.

Please go to www.parkinsonsassociation.org to register online or download the form and send it in or call 858-999-5671.