



Tentative Empowerment Day Agenda November 29, 2023

8:40	8:55	Welcome and Introductions	Marty Acevedo, M.S., R.D.
8:55	9:05	Overview of Parkinson's Disease	Nelson Hwynn, D.O.
9:05	9:20	Emotional/Mental Well Being	Jonathan Schwartz
9:20	9:35	Exercise / Treks / Silver Sneakers	Sherrie Gould, N.P.
9:35	9:55	Non-Motor Symptoms	David Coughlin, M.D.
9:55	10:15	Overview of PD Medications	Brenton Wright, M.D.
10:15	10:45	BREAK AND EXHIBITS	
10:45	11:05	Deep Brain Stimulation	Adam Burdick, M.D.
11:05	11:25	Advanced Therapeutics	Justin Nowell, M.D.
11:25	11:45	PANEL	MDS
11:45	11:55	Value of Joining a Support Group	Paul Dawson
11:55	12:00	Value of Joining Tremble Clefs	Matt Ignacio
12:00	1 :00	LUNCH and EXHIBITS	
12:30	12:50	Performance	Tremble Clefs
1:00	2:00	BREAKOUTS	

Breakout Room _____	Breakout Room _____	Breakout Room _____
1:10-2:20, Care Partners with Joanne Hamilton, Ph.D.	1:10-1:35, Exercise and PD with Kristine Negrete, DPT and Meagan George, PT,DPT, NCS	1:10-1:30, Be Your Own Best Advocate with Andrea Lee, P.A.
	1:35-1:55, LSVT Big & Loud and Speakout with Erin Walsh, S.L.P.	1:30-1:50, Genetic Testing Pros and Cons with Katie Longardner, M.D.
	1:55-2:20, Ballroom Dancing with Erin Drake	1:55-2:20, Interview potential mentors for The Mentor Program, Jeff Seckendorf

2:20	2:40	Alternative Medicine	Stephanie Lessig, M.D.
2:40	3:00	Gut Brain Connection / Microbiome	Marty Acevedo, M.S., R.D.
3:00	3:10	Rock Steady Boxing	Mike Reeder, Teresa Hodge
3:10	3:35	Research and Future Pipeline in PD	Zach Rosensweet, D.O.
3:35	3:45	Yoga	Danica Edelbrock, M.S.
3:45	3:50	Closing Remarks	Marty Acevedo, M.S.,R.D.