

PASD's Good Start Program

Scheduled Live for Thursday, June 13th, 2024

Educational seminar for newly diagnosed Parkinson's patients & caregivers/care partners

The **Parkinson's Association of San Diego** is hosting its next "**Good Start Program**" seminar on Thursday, June 13th, 2024 from 1 p.m. to 3 p.m. **at the United Church of Christ, 5940 Kelton Ave, La Mesa, CA 91942.**

This is the 17th Edition of the program since 3/6/18. It is designed for newly diagnosed Parkinson's patients and their care givers/care partners. It is a 2-hour session followed by Q&A. It will feature **Dr. Brenton Wright**, Movement Disorders Neurologist and Medical Advisor to PASD, PASD Board President **Marty Acevedo**, RDN, **Jessie Agrimas**, DPT, PASD Board member and NeuroLab360 President, **Irene Miller**, Fallbrook Support Group Team Leader and PASD Executive Director **Chris Buscher**.

Specific topics will include maintaining a positive attitude; understanding Parkinson's; choosing a physician; common medications, care givers/care partners; importance of exercise and nutrition; benefits of physical; occupational, speech and music therapy; research, Support Groups, Mentor Program, and an overview of other additional resources. Individuals who would like to update their knowledge base of PD are also more than welcome to attend.

There is no cost to the participants and representatives from Support Groups and Tremble Clefs will also be in attendance to assist attendees who would like to join.

The seminar will be audio recorded, synced with the 70+ PowerPoint slides and will be available on the PASD website at a future date.

Seminar Details

Date: Thursday, June 13th, 2024

Time: Check-In 12:30 p.m. Program 1:00 p.m. to 3:00 p.m. (followed by Q & A)
(Light Refreshments provided)

Location: 5940 Kelton Ave, La Mesa, CA 91942

Directions & Parking Information: Provided to attendees after registration is received

Registration is required by 6/11/2024.

Please go to www.parkinsonsassociation.org to register online or download the form and send it in or call 858-210-5674.