



EMPOWERMENT DAY

Wednesday, December 4, 2024
Four Points by Sheraton San Diego
 8110 Aero Dr, San Diego, CA 92123

Schedule

| From | To | Title | Speaker |
|-------|-------|---|-----------------------------------|
| 7:30 | 8:45 | Registration and Check-In | |
| 8:45 | 8:55 | Welcome and Introductions | Marty Acevedo, RDN |
| 8:55 | 9:05 | Overview of Parkinson's | Nelson Hwynn, DO |
| 9:05 | 9:25 | Emotional and Mental Health | Joanne Hamilton, PhD |
| 9:25 | 9:35 | Infusion Treatments | Andrea Lee, PA |
| 9:35 | 9:55 | Non-Motor Symptoms and Pain | Katie Longardner, MD |
| 9:55 | 10:15 | Induced Pluripotent Research | Sherrie Gould, NP |
| 10:15 | 10:45 | | BREAK AND EXHIBITS |
| 10:45 | 11:05 | Focused Ultrasound | Vamsidhar Chavakula, MD |
| 11:05 | 11:25 | Deep Brain Stimulation | Sharona Ben-Haim, MD |
| 11:25 | 11:45 | Panel | |
| 11:45 | 11:55 | Value of Joining a Support Group | Paul Dawson |
| 11:55 | 12:00 | Value of Joining Tremble Clefs | Matt Ignacio |
| 12:30 | 12:50 | Performance | Tremble Clefs |
| 12:00 | 1:00 | | LUNCH and EXHIBITS |
| 1:00 | 1:20 | Exercise and Parkinson's | Jessie Agrimis, DPT |
| 1:20 | 2:20 | | BREAKOUTS: |
| 1:20 | 2:20 | Care Partners | Joanne Hamilton, PhD |
| 1:20 | 1:35 | Ping Pong/Pickleball | Monsita Faley, NP |
| 1:35 | 1:55 | LSVT Big and Loud and Speak out | Emory D'Andrea, MA CCC-SLP |
| 1:55 | 2:20 | Ballroom Dancing | Erin Angelo |
| 1:10 | 1:30 | Medical Safety Program and Mental Health Professional Education Program | Jeff Seckendorf and Marty Acevedo |
| 1:30 | 1:50 | Mentor Program | Jeff Seckendorf |
| 1:50 | 2:10 | The Treks | Sherrie Gould, NP |
| 2:10 | 2:20 | Reconvene | |
| 2:20 | 2:40 | Integrative and Alternative Medicine | Robert Bonakdar, MD |
| 2:40 | 3:00 | Syn 1 and Other Testing, Genetics | David Coughlin, MD |
| 3:00 | 3:10 | Rock Steady | Mike Reeder / Teresa Hodge |
| 3:10 | 3:20 | Yoga | Danica Edelbrook, MS |
| 3:20 | 3:45 | Panel | |
| 3:45 | 3:50 | Closing | Marty Acevedo, RDN |