



# STEP by STEP 5K April 5 2025

Join us to Fight Parkinson's  
**Our 23rd annual 5K STEP BY STEP WALK**  
 in support of the  
**Parkinson's Association of San Diego**

**Saturday, April 5, 2025 • 7:30am Check In • 9am WALK, Dog Friendly**  
**LIBERTY STATION, SAN DIEGO**

**Your support** of Step by Step enables PASD to offer critical resources to thousands of individuals with Parkinson's here in San Diego County.

**All contributions remain** in the County and provide services, assistance, and education to people with Parkinson's, their care partners, and families.

**Meet over 50 exhibitors.**

**REGISTER AS:**

An Individual  
 A Team or  
 Sponsor a Walker

**REGISTER AT:**

[parkinsonsassociation.org](http://parkinsonsassociation.org)  
 (858) 215-2570

Early Registration	\$40
After February 1	\$50
Youth 12-17	\$10
Under 12	Free



**PARKINSON'S**  
 ASSOCIATION OF SAN DIEGO

*"Helping You Live Your Best Life"*

