



EMPOWERMENT DAY

Friday, October 17, 2025

Schedule

From	To	Title	Speaker
7:30	8:45	Registration and Check-In	
7:30		Sponsors and Exhibitors Open	
8:45	8:55	Welcome and Introductions	Marty Acevedo, RDN
8:55	9:05	Overview of Parkinson's	Nelson Hwynn, DO
9:05	9:25	Autonomic Nervous System in PD	Katie Longardner, MD
9:25	9:45	Hospitalization in PD	Brent Wright, MD
9:45	10:05	Exercise	Sherrie Gould, NP, CMRD
10:05	10:25	Sex and Intimacy	Elizabeth Torres, Psy.D., ABPP
10:25	10:55		BREAK AND EXHIBITS
10:55	11:05	Big and Loud (teaser for breakout)	Emory D'Andrea, MA CCC-SLP
11:05	11:25	Deep Brain Stimulation	Arjun Khanna, MD
11:25	11:45	Panel	
11:45	11:55	Value of Joining a Support Group	Paul Dawson
11:55	12:00	Value of Joining Tremble Clefs	Matt Ignacio
12:00	1:00		LUNCH and EXHIBITS
12:00	12:20	Performance	Tremble Clefs
1:00			BREAKOUTS (Exhibitors wrap at 1:30):
1:00	2:00	Care Partners	Elizabeth Torres, Psy.D., ABPP
1:00	1:20	Voice, Swallowing, and Choking	Emory D'Andrea, MA CCC-SLP
1:20	1:40	Young Onset Parkinson's Disease	Jennifer Johnston, PhD
1:40	2:00	Ballroom Dancing	Erin Angelo
2:00	2:10	Reconvene	
2:10	2:30	Integrative and Alternative Medicine	Robert Bonakdar, MD
2:30	2:50	Skin Biopsy vs. DaT Scan	Andrea Lee, PA
2:50	3:10	Fall Prevention	Meagan George, DPT
3:10	3:20	Rock Steady	Mickey Burke, MS
3:20	3:40	Research and the Future	David Coughlin, MD
3:40	4:00	Mindfulness	Jeff Seckendorf, CPT
4:00	4:20	Panel	
4:20	4:30	Yoga	Danica Edelbrook, MS
4:30	4:35	Closing	Marty Acevedo, RDN